Kut tukeni mase fana ac tukeni akasruhi


Uu se inge pa, nestfamilies.org ku kom ku in sim nuselos ke (808) 707-8116.

Family Hui – el sie pa uu ma kom ku in eis kasru selos ke lusen week singucul. Tusruk ma nusin tulik ma yac limekosr nu ten. Uu se inge elos orani sucu ma lunges ac ikasla tu tulik inge kewa in ku in tukeni srital ac aetuhila inmasrlolos.

Parent Café – ma nusin parents (nina ku papa) fin elos lungse tukeni ac share ma elos lotelah ac ma elos pulakin mu upa elos sun ke tufalah lun tulik natulos.

Kom ki pa in suk ke familyhuihawaii.org kom in register inem.
We are in this together.

You are not alone - parenting support is at your fingertips.

Anyone in Hawai‘i who is pregnant or parenting an infant or toddler is welcome to join the Nest - Hui ‘ohana. Through text messaging, families are connected to parenting experts and to online support groups.

Signing up is EASY and FREE.

nest

for families

- Text with another parent trained to support you through challenges common in the first years of life
- Connect with experts who can help with feeding, sleep, child development, and physical and emotional well-being
- Sign up for regular texts offering activities and resources specific to your child’s age and needs

To enroll visit nestfamilies.org or text 808-707-8116.

Connect with families and children under age 5 in a 10 week, peer led, curriculum-based meet up for keiki to socialize in an intentional playdate
- Share the joys and challenges with other families in a virtual, safe Parent Cafe

To register for Hui scan the QR code above or visit familyhuihawaii.org