Anyone in Hawai‘i who is pregnant or parenting keiki up to 2 years old is welcome to join. Through text messaging, families are connected to COVID-19 info, parenting experts, and to online support groups.

Visit nestfamilies.org or text 808-707-8116.

- Text with another parent trained to support you through challenges common in the first years of life
- Connect with experts who can help with feeding, sleep, child development, and physical and emotional well-being
- Sign up for regular texts offering activities and resources specific to your child’s age and needs

Family Hui’s 10 week, peer led, curriculum-based meet up for families with children under age 5 connects parents and offers intentional playdates for keiki socialization.

Parent Cafe is a virtual group offered to families looking for a safe space to share the joys and challenges they encounter in their parenting journey.

Visit familyhuihawaii.org to register
You are not alone - parenting support is at your fingertips.

Anyone in Hawai‘i who is pregnant or parenting an infant or toddler is welcome to join the Nest - Hui ‘ohana. Through text messaging, families are connected to parenting experts and to online support groups.

Signing up is EASY and FREE.

- Text with another parent trained to support you through challenges common in the first years of life
- Connect with experts who can help with feeding, sleep, child development, and physical and emotional well-being
- Sign up for regular texts offering activities and resources specific to your child’s age and needs

To enroll visit nestfamilies.org or text 808-707-8116.

- Connect with families and children under age 5 in a 10 week, peer led, curriculum-based meet up for keiki to socialize in an intentional playdate
- Share the joys and challenges with other families in a virtual, safe Parent Cafe

To register for Hui scan the QR code above or visit familyhuihawaii.org